

**GOVERNMENT OF ANDHRA PRADESH**  
**ABSTRACT**

Strengthening In-Patient Services in the Government Hospitals and Medical Institutions – Streamlined Management System and Enhanced Diet Charges – Providing free diet to newly delivered mothers under JSSK scheme - Certain modifications and amendments - Orders – Issued.

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**HEALTH MEDICAL AND FAMILY WELFARE (D2) DEPARTMENT**

**G.O.Rt.No. 309**

**Dated: 26.02.2013**  
**Read the following:**

- 1) G.O.Ms.No.325, HM&FW (M1) Deptt., dated.6.4.1999.
- 2) G.O.Rt.No.1591 HM&FW (D2) Dept., dt.08.09.2011
- 3) Note from the CH&FW, dated: .02.2013.

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**ORDER: -**

In the G.O.1<sup>st</sup> read above, orders were issued for Strengthening In-Patient Services in the Government Hospitals and Medical Institutions and providing Enhanced Diet Charges to In-patients and duty doctors as per the rates mentioned at the statement at para 5 in said G.O.

2. As per the Government of India guidelines, “**Janani Shishu Suraksha Karyakram**” (**JSSK**) was launched in A.P on 22.10..2011 for providing the free entitlements of 1) Drugs & Consumables 2) Diagnostics 3) Diet 4) Blood and 5) Transport to all pregnant women and sick new born children upto 30 days after birth. Under JSSK Scheme, free diet is to be provided at a cost of Rs.56/- per day for every newly delivered mother for 3 days stay at Govt. health institutions and for 7 days for Caesareansections. As per the JSSK guidelines, it is proposed to provide high protein, nutritious diet exclusively for newly delivered mothers only from JSSK funds. Accordingly, the following diet has to be provided for newly delivered mothers:-

**Menu for newly delivered mothers under JSSK**

<b>Breakfast (7.30 AM to 8.30 AM) (any one of the items for breakfast)</b>	<b>Quantity</b>
Idly (150 gms) with Sambar / Chatnee (100 ml)	3 Nos.
Pongal / Kichidi / Upma (with 100 gms ravva and 10 gms Black gram dal + chatnee / Bread 100 gms + Milk with 10 gms. Sugar	300 gms 250 ml
<b>Lunch (12.00 Noon to 1.00 P.M)</b>	
Cooked Rice / 6 Phulka (6.inch.Dia)	450 gms
Green Leafy Vegetable Dal (1/2 cup)	150 gms
Vegetable Curry (1 cup)	100 gms
Sambar (with 45 gms redgram Dal)	150 ml
Curd / Butter Milk (200 ml)	100 ml
<b>Dinner (6.00 PM to 8.00 P.M)</b>	
Cooked Rice / 6 Phulka (6.inch.Dia)	450 gms
Vegetable Curry	100 gms
Sambar (with 45 gms redgram Dal)	150 ml
Egg boiled	1 no.
Curd / Butter Milk (200 ml)	100 ml
Banana/orange/apple/papaya/guava	1 no.
Chikkies/laddus (ground nut 50 gm+jaggery 25gms mixture)	1 piece per day

3. In the reference 3<sup>rd</sup> read above, the Commissioner of Health and Family Welfare has requested to issue orders for providing above diet to the newly delivered mothers under JSSK scheme.

4. Government after careful examination have decided to provide the following diet menu for newly delivered mothers under JSSK Scheme:-

**Menu for newly delivered mothers under JSSK**

<b>Breakfast (7.30 AM to 8.30 AM) (any one of the items for breakfast)</b>	<b>Quantity</b>
Idly (150 gms) with Sambar / Chatnee (100 ml)	3 Nos.
Pongal / Kichidi / Upma (with 100 gms ravva and 10 gms Black gram dal + chatnee / Bread 100 gms + Milk with 10 gms. Sugar	300 gms 250 ml
<b>Lunch (12.00 Noon to 1.00 P.M)</b>	
Cooked Rice / 6 Phulka (6.inch.Dia)	450 gms
Green Leafy Vegetable Dal (1/2 cup)	150 gms
Vegetable Curry (1 cup)	100 gms
Sambar (with 45 gms redgram Dal)	150 ml
Curd / Butter Milk (200 ml)	100 ml
<b>Dinner (6.00 PM to 8.00 P.M)</b>	
Cooked Rice / 6 Phulka (6.inch.Dia)	450 gms
Vegetable Curry	100 gms
Sambar (with 45 gms redgram Dal)	150 ml
Egg boiled	1 no.
Curd / Butter Milk (200 ml)	100 ml
Banana/orange/apple/papaya/guava	1 no.
Chikkies/laddus (ground nut 50 gm+jaggery 25gms mixture)	1 piece per day

5. The Superintendents of the Teaching/Maternity Hospitals, Superintendents of the District Hospitals/Area hospitals, In-charge Medical Officers of CHCs & Medical Officers of PHCs shall provide above mentioned free diet to newly delivered mothers under JSSK scheme and maintain separate registers for provision of diet under JSSK scheme. The other terms and conditions of G.O.Ms.No.325 hold good.

6. The implementing doctors shall maintain separate registers for utilization of funds under JSSK scheme for providing free diet to the newly delivered mothers.

7. The CH&FW shall take further necessary action accordingly.

**(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)**

**AJAY SAWHNEY  
PRINCIPAL SECRETARY TO GOVERNMENT**

To,  
The Commissioner of Health and Family Welfare , A.P, Hyderabad.  
The Mission Director, NRHM, A.P. Hyderabad.  
The Director Public Health & Family Welfare, A.P, Hyderabad.  
The Director Medical Education, A.P, Hyderabad.  
The Commissioner of A.P. Vaidya Vidhana Parishad, Hyderabad.  
All District Collectors  
The Accountant General, A.P. Hyderabad.  
The Director of Treasuries and Accounts, AP Hyderabad.  
The Pay and Accounts Officer, A.P. Hyderabad.  
Sf/Sc.

**// Forwarded By Order //**

**SECTION OFFICER**